



DATES TO REMEMBER

- ✦ Friday 26th February – SciWorld Yr 6/7 Presentation
- ✦ Wednesday 3rd March – Yr 2 Museum Excursion
- ✦ Monday 8th March Public Holiday - Adelaide Cup & International Women's Day
- ✦ 15th March – Artist in Residence in the Children Centre to create an Aboriginal Mural
- ✦ Friday 19th March National Day against Bullying Assembly
- ✦ Saturday 20th March Harmony Day
- ✦ 23rd & 24th March External Review Process
- ✦ 25th March NAPLAN Practice Test.

Dear Families and Friends,

Basketball Results

Friday evening involved three Woodville Gardens School Teams: The Bulls, Hornets and Nuggets take to the courts to share their skills and talents.

The teams are again coached by Marek Bendyk, Shane Chatto and Rachel Doman, who give their own time to support our students.

The Hornets (Yrs. 6/7) coached by Mr. B, played against Kidman Park. They won 28-2 with a mix of new and experienced players. The Nuggets, (Yrs. 4/5) played their hearts out but went down to 25 -15 against White Friars Red. The Bulls also put on a strong performance to convincingly beat Kilkenny Green, 38-4. It's great to see so many families come and support their children play. A reminder that families are responsible for looking after their own children; please be on time collecting your child at the end of the game.



Words of wisdom for the Hornets at half-time.

Gearing up for the Footy season

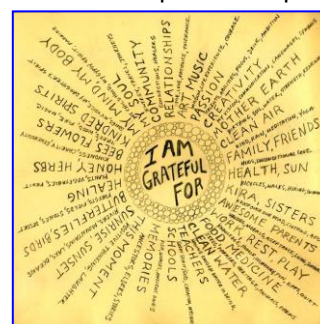
Students at Woodville Gardens are very fortunate to have specialist coaches from the SA Football League running football clinics over the next few weeks. All children have the opportunity to develop and practise the skills of kicking, marking and handballing. The clinics are running every Tuesday for students from Years 4-7.



Gratitude Journals

Many classes have introduced *Gratitude Journals* to assist our students in positive reflection. A gratitude journal is a diary of things for which one is grateful. Gratitude journals are used by individuals who wish to focus their attention on the positive things in their lives. Gratitude, the feeling of appreciation or thanks, has gained a lot of attention in the field of positive psychology.

Gratitude journaling is the habit of recording and reflecting on things that we are grateful for on a regular basis. In essence, you are rewiring your brain to focus more on the positive aspects of your life and build up



resilience against negative situations. A study at a university in the USA found that people who kept a gratitude journal reported significantly better mental health than those who didn't.

Incorporating acts of gratitude within the school day is a valuable way of reflecting on what is going well for us. It is a way of building positive emotions.

Kind regards,

Fiona Voigt

Building a Positive Learning

Teamwork skills

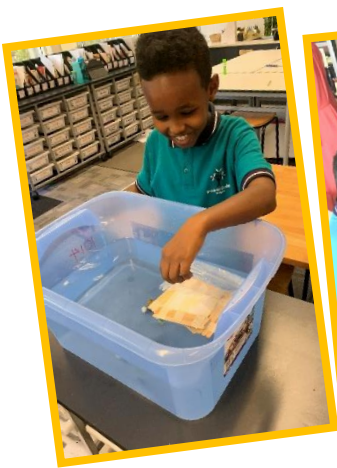
The Red building have been working with Mr Foale and Miss Tamsin on identifying the positive skills involved in working as part of a team.

Students engaged in **a floating boat challenge**, which helped them to identify the roles that both themselves and their team mates took on within the challenge.

After planning, construction and testing time, we discussed the following useful roles that help build successful teams-

Makers, Planners, Organisers, Thinkers, Designers and Researchers.

We had a great time and look forward to further developing our teamwork skills each week.



The Year 4/5 Basketball Team- The Nuggets



Game 1 players-

Tijany, Sualiho, Lac, Kien,
Campbell, Wesall, Tyrone,
Meron and Justyce.



On Friday 19th February, School Basketball started up again at St Clair for the 2021 season. The Year 4/5 Basketball Team 'WGS Nuggets' played their first game with a very new team. Friday's game was all about fun, teamwork and developing our new skills. We scored several goals and played strong defence against an experienced team from Whitefriars. We lost 15 to 27 but tried our very best until the final siren.

This week's game is at 3:50pm at St Clair vs Woodville Primary. To find game times for upcoming games, visit the SportsFix Website <https://sportfix.net/> or the SportsFix App and search St Clair and then the team name 'WGS Nuggets'. We are looking forward to our second game this Friday.

Community in the Red building 2021

Bully Busting in the Red Building

During Week 2 all students in the red building participated in a Bully Busting program. Students worked within all classes of the red building on a rotation basis, integrating with students from all classes and teachers. Students rotated through each of the stations, which ran for 30 minutes. The stations students worked at included:

- *What is bullying (looks like, feels like, sounds like)- Mr K*
 - *Cyberbullying and Online Safety- Mrs Lewis*
- *Spreading rumours can be hurtful and is a form of bullying – Miss Dolman*
 - *Grid of Choice- Mrs Mitkas*
- *Being an Upstander' and 'Bystander Vs Upstander'- Miss Bianca*
- *Passive, Assertive and Aggressive behaviours- Miss Caryl*



Role playing bullying behaviours-
What does bullying look, like, feels like and sound



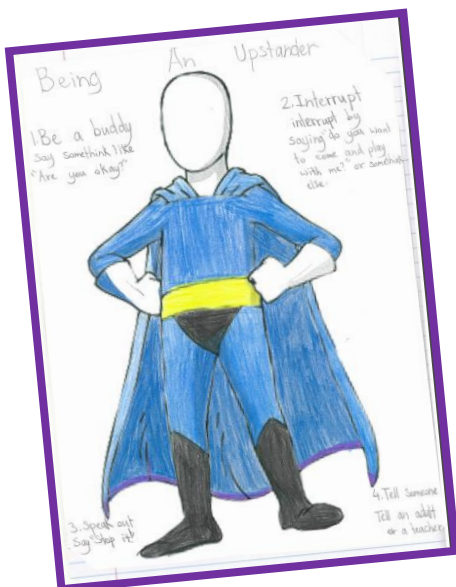
Being an Upstander- with Miss Bianca

What is a bystander?

How can we be upstanders?

The Grid of Choice-

Mrs Mitkas







\$33



\$45

How to order your Woodville Gardens Senior Garments

1. Access link: <https://www.sportscentre-aessorders.com.au>
2. Select Red Button to Register, **LOGIN** **REGISTER** and complete the form and enter your details, enter **WoodvilleGardens** as **Group**. Your preferred Username will be the username required in login for future orders. Don't include special characters @\$!%.
3. Select the garments and relevant sizes and add to cart. Your cart can be found in top right corner. 
4. To complete your order, press **PROCEED TO CHECKOUT** and fill out contact information
5. Choose your Payment method - Pay with Credit / Debit Card or PayPal. Click **PLACE ORDER**.
6. Orders will be delivered to the school by the 26th of February.
7. The website will remain open for a second campaign which closes on 29th March (to be delivered last week of April), and a third campaign which closes on 28th June (to be delivered in the last week of July).

PLACE YOUR ORDERS TODAY

STAYING SAFE ONLINE

In Terms 1, 2 and 3 there will be an insert in the Newsletter that will support all families to better understand and navigate their way through Apps their children may be using. More information can be found on 'The Carly Ryan Foundation Website' -

<https://www.carlyryanfoundation.com/resources/fact-sheets>

